



# Intensive Care Medicine Training in Wales.

Intensive Care Medicine is a dynamic and exciting specialty, attracting doctors who are enthusiastic about providing support for patients with acute life-threatening injuries and illnesses in hospitals.

ICM CCT training is entered at ST3 level, following completion of one of four designated core programmes: Acute

Care Common Stem (ACCS), Core Anaesthetic Training (CAT), Core Medical Training (CMT) or Defined Route of Entry into Emergency Medicine (DRE-EM).

Trainees must have completed one of these core programmes, including its associated specialty examination: FRCA (Primary), MRCP (UK), or MCEM (Full).

This is Training.

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## Responsive programme designed to your needs

The ICM CCT programme is broken down into three overarching stages.

You will enter the programme in Stage 1, but based on your previous training and completed placements, the time spent in Stage 1 can be quite variable. Stage 1 is a minimum of four years, which includes any core training programme that can count towards a CCT in Intensive Care Medicine. At the end of this stage, all trainees regardless of their core programme, will have completed a minimum of one year of Anaesthetics, one year of Acute Medicine and one year of Intensive Care Medicine.

Stage 2 lasts two years, and includes four 3-month placements (in Cardiac, General, Neuro and Paediatric ICUs) and a year dedicated to a special or complementary skill development. If you are in a dual programme, then this year is spent in that other speciality to achieve the competencies required to ensure dual accreditation. During this stage, you will also complete the FFICM examination.

Stage 3 lasts one year, and is the last year of ICM training. It is the 'advanced' year, spent entirely on ICU and is designed to allow trainees to develop leadership and management skills in preparation for becoming a consultant.

It is possible to complete a dual CCT with the following specialities in Wales: Acute internal Medicine / Anaesthesia / Emergency Medicine / Renal Medicine / Respiratory Medicine.

## Supporting exam success

By training in Wales, you will be eligible for our free course to help you prepare for the FFICM final examination, which you can take at any point during Stage 2. We also tailor our regional teaching programme to target the exam curriculum.

In Wales, we have an excellent pass rate, with trainees achieving results that often exceed those of other regions.