



# Psychiatry Training in Wales.

As a trainee Psychiatrist in Wales you'll get to work in cutting-edge facilities, learn from experts and take part in world-leading research. All this in a friendly and supportive environment, where professionals value trainees and are committed to their development.

You can choose to train in South, West and North Wales, where you can find vibrant cities, stunning coastline or sweeping mountain ranges on your doorstep. Wherever you are based, you will experience the strong sense of community that makes Wales such a rewarding place to train, work and live.

This is Training.



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## Learn from the best

Our MRCPsych exam preparation course includes sessions by world-leading experts, so you really are learning from the best. The course is run across Wales, with limited travel time for trainees, as we bring the excellent teaching to you.

Our educational and clinical supervisors have a strong tradition of committing themselves to developing trainees and have dedicated time for trainee supervision written into their contracts, so you can be confident you are getting the right level of professional support to progress.

## Subsidised training

Compared to other MRCPsych courses, we place great emphasis on subsidising our training without compromising on quality. This means our courses currently cost £100 per year, giving you more financial flexibility to fulfil other educational opportunities.

## Incentives

A phased payment of up to £1,900 for Psychiatry core trainees studying in Wales to cover the cost of one sitting of the MRCPsych membership exams.

## World-leading research

Wales is world-leading in many aspects of mental health research. The Wales Institute of Cognitive Neuroscience works across Cardiff, Swansea and Bangor Universities and is at the forefront of the development of expertise in Cognitive and Clinical Neuroscience. The Cardiff University Neuroscience and Mental Health Research Institute is leading research into the genetics of mental disorders, while at the Cardiff University Brain Research Imaging Centre (CUBRIC), Europe's most powerful MRI scanner is being used to further unlock the secrets of the structure and function of the human brain.

Trainees have the opportunity to be a part of ground-breaking research developments working with the teams to complete research opportunities, from PhDs to smaller scale projects.

## Cutting-edge facilities

As a Psychiatry trainee in Wales you will benefit from working in brand new purpose built mental health facilities, which put patients' recovery at the heart of their design. In fact, many of these buildings have won architectural awards for their innovative designs.